## Sunday School Grade 11 Exceptional Student Education Curriculum



#### Coptic Orthodox Diocese of the Southern United States

**Under the Auspices of His Grace Bishop Youssef** 

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## Sunday School Grade 11 Exceptional Student Education Curriculum

- This exceptional student education curriculum for Sunday School is designed by the Coptic Orthodox Diocese of the Southern United States.
- This is a modified curriculum designed for individuals with special needs.
- This curriculum is intended to be taught alongside with the general Sunday School program for each grade.

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- Inclusion is an important aspect of the social and learning paradigm of individuals with special needs.
- Stewards serving children and youth with special needs should try to integrate the students in the mainstream classes for as much time as can be tolerated by the student with special needs.
- Integration and inclusion foster friendships among the same age peer group.

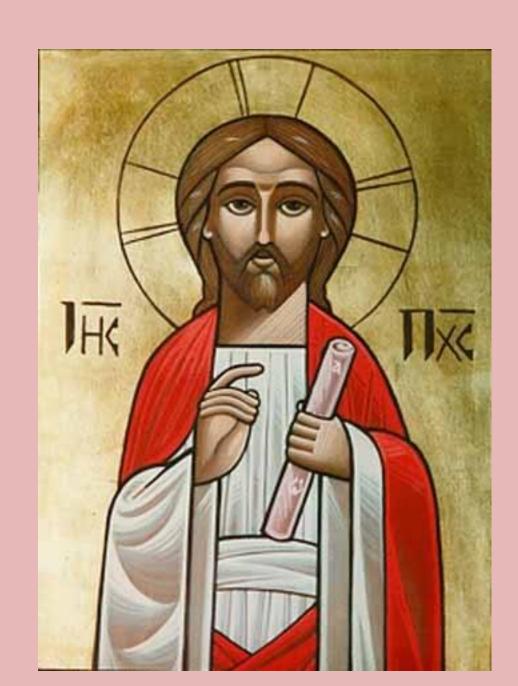
# Preparation for Anxiety Lessons for the Month of January

#### Lesson Outline: Week 4

- A spiritual reason of anxiety is young people do not want to confess their sins.
- Faith gives peace to the mind and excludes all sadness and anxiety.
- Hope in Christ frees man from the fear of death.
- If talking with friends makes you feel happy, how much greater when you talk with our Heavenly Father.
- Don't feel sorry for past events and do not look back.
- Forgive yourself because the Lord forgives you.

#### **Word Bank**

- Anxiety
- Sin
- Confess
- Faith
- Peace
- Sadness
- Hope
- Past
- Forgive



Objective: Help youth to recognize anxiety and discuss how to overcome anxiety in a spiritual and practical



Memory Verse: "Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God." – Philippians 4:6



A spiritual reason of anxiety is young people are slaves to sin and do not want to confess their sins.



Faith gives peace to the mind and removes all sadness and anxiety.



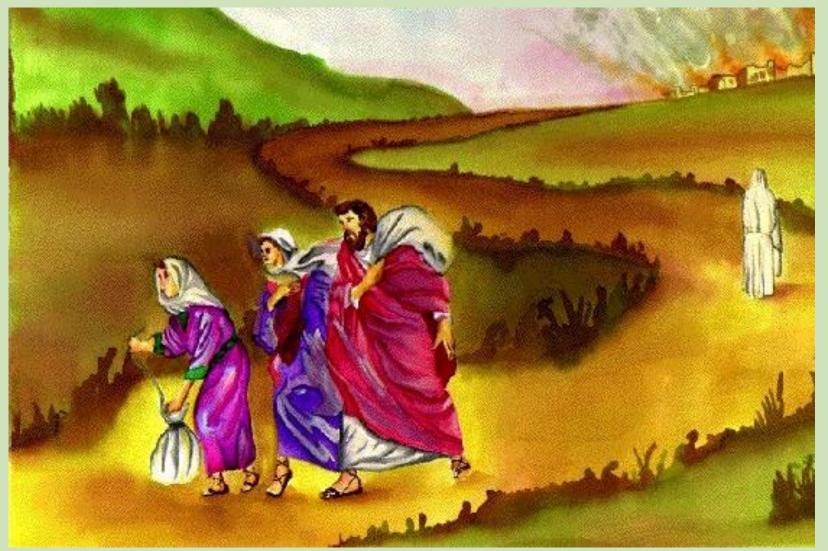
# Hope in Christ frees man from the fear of death.



# If talking with friends make you feel happy, how much greater when you talk with the Lord.



# Don't feel sorry for past events and do not look back.



Forgive yourself because the Lord forgives you.



#### Anxiety

#### Conclusion

- A spiritual reason of anxiety is young people do not want to confess their sins.
- Faith gives peace to the mind and excludes all sadness and anxiety.
- Hope in Christ frees man from the fear of death.
- If talking with friends makes you feel happy, how much greater when you talk with our Heavenly Father.
- Don't feel sorry for past events and do not look back.
- Forgive yourself because the Lord forgives you.

To God be the glory, forever, Amen.

#### Resources

- Application
  - Coordinate a time for ESE students to interact with non-ESE students.
- Activities—Customize according to student abilities, speech, and fine and gross motor skills.
  - Coloring/Painting
  - Cut and Paste
  - Music/Games
- References
  - http://www.suscopts.org/ssc/Grade11.pdf